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## **Green Beret Foundation Appoints Krista Simpson Anderson as Gold Star Liaison**

**San Antonio, TX, April 8, 2019** – The Green Beret Foundation, an organization dedicated to supporting soldiers of the U.S. Army Special Forces and their families, is pleased to announce the appointment of Mrs. Krista Simpson Anderson as its Gold Star Liaison. In this role, Anderson will represent the Foundation and assist Gold Star families within the Special Forces community nationwide.

As the Gold Star Spouse of Special Forces Green Beret SSG Michael H. Simpson (killed in action in 2013 while supporting Operation Enduring Freedom in Afghanistan), Anderson is well-positioned to serve in this critical role that will help advance the needs of Gold Star families. Her passion to give back to the community that raised her up during tragedy is fully supported by her spouse, active duty Green Beret Gus Anderson.



“The Foundation had the honor of supporting Krista six years ago during the most difficult time of her life and I was struck by her ability to take this unspeakable tragedy and use it to bring comfort and support to other Gold Star Families,” said Angie Fennen, Interim Executive Director of the Green Beret Foundation. “Krista is well known in the Special Forces community for this unwavering commitment to our mission. We know that Krista, with her family by her side, will bring immense comfort to Special Forces Regiment and their families, and we are proud to have her join us.”

This is not the first instance of Anderson giving back to the community that she now calls family. Anderson co-founded a nonprofit, The Unquiet Professional (TUP), to serve Gold Star Families, Military Families and Veterans. Anderson frequently speaks at different events to share her story, and to show that there is life after tragedy. “I believe we can use our tragedies for good, and allow our testimonies to be the light for others,” said Anderson. Furthering this mission, TUP also developed a veterans program, The Fresh Air Project, which brings healing to the community while also bridging the gap between veterans and civilians.

“I am so honored to be joining the Green Beret Foundation in this important role of Gold Star Liaison,” said Anderson. “Losing a loved one in service to our great nation can bring on conflicting feelings of grief and intense pride. My goal is to assist our Gold Star families in any way I can so that they, too, may feel the same unwavering support that I did from the Green Beret Foundation throughout their own journeys.”

In addition to being a Gold Star wife, Anderson is a member of the Steel Mags group, a sisterhood program within the Green Beret Foundation comprised of Green Beret wives, sisters, mothers, and daughters. She also sits on the board of the Gold Star Sailing organization, which was founded to create a summer camp for Gold Star teens. Her charitable spirit does not end with Gold Star families and veterans; she also serves on the advisory board of Raise for Rowyn, which offers financial assistance and emotional support to families struggling with the loss of a child.

For the depth and breadth of her community outreach and impact, in 2018 Anderson was awarded the Armed Forces Insurance Military Spouse of the Year Award. She has previously also been recognized by the Department of Defense for her good works in and outside of the military community. “Receiving awards for acts I did selfishly to heal from private loss opened my eyes to this incredible program and all the military spouses out there changing the world in silence,” she says.

Anderson currently lives in Alexandria, VA, with her husband, Gus, and two boys ages 7 and 9. “I am so blessed to have an incredible family and that my husband, alongside me, honors Mike in all we do”, she says. “We say his name in our home daily, and keep his memory alive for our boys. I am confident my journey would look different if I had not had the emotional support of the Green Beret Foundation and the sisterhood of our Steel Mags all these years.”

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#### **About the Green Beret Foundation:**

Founded in 2009, the Green Beret Foundation is a 501(c)(3) non-profit organization dedicated to the long-term health of the Green Beret community. The Foundation answers the call of the Green Berets and their families so that they can succeed in their next mission. Green Berets serve a little understood mission, and face unique challenges when they come home. The Foundation provides casualty support, extended care support, family support and transition support to Green Berets and their families to assist with these special concerns. For more information, visit: [www.greenberetfoundation.org](http://www.greenberetfoundation.org).